

America's Tiniest Newspaper



# ALPINE SUN



Best Climate, in US by Government Report

VOL. 15, No. 25

ALPINE, CALIF. FRIDAY, JUNE 24, 1966

10¢

## READY FOR GREAT COUNTY FAIR!

### Plenty Smoke but No Fire

Downtown Alpine had some excitement last Friday afternoon when a ballast in a fluorescent fixture put a smokescreen inside Florence's Market. Fortunately no damage was done but it slowed up business for half an hour while the Alpine Volunteers worked to check out every thing in the attic.

From the opening minute with a parade from the main gate down the Avenue of Flags at 11 a.m. to the bursting, glittering climax of a \$1475. fireworks at dusk on July Fourth, this year's big SD County Fair at Del Mar bids fair--no foolin-- to outdo itself with this, the 77th annual exposition.

Now it is much easier to drive there, with Interstate 8 now open to Harbison Canyon, and Interstate 5 (Old 101) open



Some time ago there was another alarm when a small fire did some damage, after which Jerry Harmer, owner, had it rewired.

Photo shows the bustling scene shortly after firemen arrived, also Sheriff's Deputy D.R. McDaniel, of this area.

No matter how dull they are, all girls have bride ideas.

to Del Mar.

TV's famed Randy Boone of "The Virginian," will feature the grandstand show twice daily, June 24-30, also the Clinger Sisters, singers, and the dancing Four Step Brothers, with trampoline comics Lyons family and jolly Al Lyons. Then July 1-4 will see six showings of champ rodeo in the grandstand.

More on 17

TUNE CLARKE IRVINE ON XEMO, RADIO 860, Sun. 5:15 PM and 11 PM

## Show Folk Become Restauranteurs.

When you pay your first visit to the new De Angelis Italian Restaurant, formerly the Lariat, 12861 Old Hwy 80, a short run east from the Greenfield off-ramp, you will be delighted with a magnetic welcome from either of the owners, Ralph De Angelis, or his charming wife Elvida, intimately "Dee."

Both were top performers in show business for a number of years. He started way back as a young man of 26

when he came from his native Italy on a steamer, for he sang with a fine baritone voice, was on the same program with the noted Beniamino Gigli. Later in Hollywood he played on the George Jessel Hour, Siegmund Romberg directing. He worked in "Balalaika," and as the blind soldier who introduced Lili Marlene in "A Bell for Adano." He also was in stage shows with the beloved comedian Henry Armetta, and it was during their appearance at Russ Theatre that Armetta was stricken backstage and died.

His wife known as Elvida Rizzo, had success in both concert and film work. She is a native of Portland, but loves the Southland where she met and married her husband, worked in Hollywood, later came to SD where up to last year they ran the popular De Angelis Italian Restaurant at 6622 University.

And to maintain the Italian authenticity of the place, they have his younger brother Aniello, as master of the kitchen in his tall white cap and spotless apron. They have all worked together to make this an outstanding example of a genuine Italian dining place, with cocktail lounge and an array of imported wines and liquors. (See last issue also.)

### SAN DIEGANS MOVE HERE

Mr. and Mrs. Robert F. Rocchio of SD have just leased with an option to buy, the large 3-bedroom home on 10 acres belonging to Richard L. Mason, of Michigan. Mr. and Mrs. Rocchio and their daughter who is nine years old, have already moved in. They raise German Shepherd show dogs. Rocchio works for National Steel. The deal was made by Charlene V. Brown, of Brown Realty Company, Alpine.

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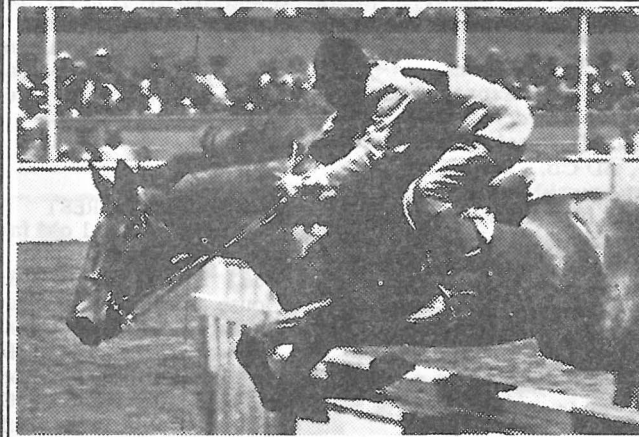
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# The World's Largest National Horse Show

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**SAN DIEGO COUNTY FAIR**  
and Southern California Exposition  
JUNE 24 THRU JULY 4, DEL MAR  
the liveliest days of the year

# EDITORIAL

## If You Are Still Smoking, Read This.

Every time the government comes out with new data on the dangers of smoking, the high profit-making tobacco industry tries to refute or play down the results.

But here is some data from the US Public Health Service, as printed in San Diego's Health, the bulletin from the county health office. It is quite revealing, and conclusive.

They are on a 10-year study of cigaret smokers among 250,000 US veterans. It is now in its 9th year. Findings reveal that, in the first 8½ years, in the same age group, 11 times as many smokers as non-smokers died

of lung cancer. Twelve times as many died of emphysema. Three or more times as many died of cancer of the mouth and adjacent organs, and such diseases as bronchitis, asthma, stomach and duodenal ulcer and nonsyphilitic aneurysm of the aorta.

Another interesting point, the study showed that cigaret smokers ran higher risks than those who used pipe or cigars. Risks for cigaret smokers were lower for those who stopped, than for those who continued.

The veterans studied are policyholders for government life insurance. Remember, it is never too late to stop. Lungs begin at once to repair the damage, and physical well being is improved greatly. You can stop if you really want to. I did - some 35 years ago! - CI



### ALPINE SUN

America's Tiniest Newspaper

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### BARBECUE AT CREST

The first annual old fashioned Fourth of July celebration and pit barbecue will be at the Crest Woman's Club House and Nancy Jane Park starting at 10. Proceeds will go toward purchase of a 2-way police radio for Deputy Sheriff John Rogers. Local business and organizations, also Harbison Canyon, will sponsor booths. Red, white and blue lapel pins will be sold to raise money.

Mrs. John Schuettenhelm and Mrs. Don Newman are co-chairman with John Rogers barbecuemaster. Donation \$1.50, under 12, 75¢.

An ordeal is what an ideal becomes after you marry him.

### Treasures in Words

"If ye continue in my word, then are ye my disciples indeed; and ye shall know the truth, and the truth shall make you free." John 8:13, 32.

LILLIAN BARRETT who recently returned as salesman with Smith Realty here, believes Alpine has bright future, enhanced by coming of freeway. At left is Geo. Cerveny, flying friend of Smith, at right. He visits Alpine frequently, is manager of Western Airlines at Lindbergh Field.



A delightful barbecue was held by the Pilgrim Fellowship of Community Church at the Robt. Earickson home, Victoria Dr. Many parents were there.

Mr. and Mrs. Homer Hinds, Lilac Lane, entertained her niece Mrs. Edna Rodekhor this past week as she came by train from Kansas City, Mo. Thursday.

## The De Angelis Restaurant

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At 7 this evening Alpine's Cub Pack 350 will hold its monthly session with parents in Fuller Hall for their usual workout and fun.

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**Indian BBQ Fed 1400**

Viejas Indian Post VFW which hosted the big annual barbecue Sunday on Viejas Reservation, fed an estimated 1400 hungry visitors with a fine dinner, entertained them with games and so forth. The festivities lasted from before noon till dark, and all had a fine time with a ballgame, dancing and fun.

Tom Hyde entertained many Indians from various areas, one group from Arizona put on a rain dance and before they had finished it rained, hailed and thundered!

One interesting visitor, living in Fallbrook was Foster Hood, a Shawnee, from Oklahoma, who plays in the movies and TV in Hollywood.

Cdr. Bob Riner of the First District, VFW from SD and officers from many posts were on hand to help the Indian Post put on its big party.

**JONES:** "Can your wife keep a secret?"

Deems: "I'll say—we were married two years before she told me how much I was earning."

## OWE LETTERS?



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**New Name for Sportswear**

Mrs. Mary Lacko is now sole owner of the dress shop, 2249 Hwy 80, has changed the name to Mary's Alpine's Apparel Shop. She is making plans for moving about Sept. 1, to the fine new building which has started this week by Schrock Construction Co., of SD. It is being erected in front of the



house the Lackos bought last year, and will have frontage at 2144 Hwy 80, and retaining the same phone, 445-2717.

This photo was made Monday as they started foundations for the 1-story structure, with Jerry Cromwell, former Alpiner, of EC handling the plumbing, at left and Ken Schrock, apprentice, with Jas. Beat, concrete foreman at right. Clarence Schrock is head of the firm. F. Clair Hinkley of SD is the architect.

**ONE SUMMER WORSHIP SERVICE**

During July and August there will be but one worship service in Community Church, at 11 a.m. Church School will be as usual at 9:30.

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## Horse Talk

By Cynthia Irvine

Skip Beau, Melva and Ron Riley's prize 3-year old stud, took Grand Champion stallion at Rancho Santa Fe Sunday, and his picture is going to be in the Quarter Horse Journal. They have good reason to be mighty proud of this horse as he is a true champ. He has been in 13 shows since March 28th and has taken 9 firsts and out of the 9 took 5 Grand Champions, 2 Reserve Champions, 2 seconds and 2 fourths.

I talked to Melva on the phone Sunday and she told me they took their baby Sean to his first horse show this past week-end and he loved it. Their other stud Poco Paul Day is up at Ben Smiths cutting and working cattle.

The sad news I reported about Grace Peterson's colt dying got sadder when I learned that the baby's mother has to be put to sleep because of an incurable disease in her eye. They knew about this before the colt was born and hoped to raise it for their own, but it died of an infection last week. As soon as they can find another colt old enough to be taken away from the mother, they will get it and have the fun

of raising it.

Wilma Peters is going to Dallas to pick up her quarter horse King that has been boarded there since she came to Alpine.

Barbara Peterson and her family are going through what several of us did earlier this year, wait for a colt. Her mare is due any day and we know how the time can drag. She said when it happened we would probably all hear her yell and we believe it. It is a thrill and a worthwhile experience.

I worked out Cecile's horse Coco Saturday afternoon and she rode her all over Alpine for the first time. She bought the mare from Melva Riley in February and she is going to make a real show horse.

When we were in Redondo Beach recently we were thrilled to see the beautiful art work our Aunt Bev is doing. She made two original pixie figures about 30 inches high in clay.

Mama fell in love with the standing little boy so she gave her one and as soon as I can am going up to have our Uncle make me a mold of my horse statue so I can turn them out for sale.

### COUNTERFEIT MONEY AT FAIR

The 77th annual SD County Fair at Del Mar will have one new and unique exhibit this season, the Treasury Department's display of real and fake money, including a genuine \$10,000 bill. Other old and current US cash will range from \$1. to \$10,000.

Of course there will be a heavy guard and the display comes in an armored truck.

THIS IS HOW White Star looked last week before I clipped him. He is the 15-month old Shetland stud belonging to Bradley and Darrolyn Dugan who live on Olivewood Lane. He is the smallest pony we have seen in a long time and at full growth should be only 39 inches tall. The kids can hardly wait to ride him.



### Change VFW Meeting Place

The organization meeting for the new VFW post here will be at the home of Bert Fuller, veterans' service officer, 4025 Hwy 80 tomorrow at 5 pm, he told the Sun Wednesday. It was to have been at Ted Grant's place.

"All veterans of the area are invited to come and help us get this new post off the ground", says Fuller.

Fuller lives off the road opposite the old Shell station where he flies the colors daily. A third session is slated for July 13 when the chief-of-staff for the VFW will be here to confer with organizers.

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**MRS. LUTZ IN NEW HOME**

In a note to the Sun with a change of address for their subscription, Mrs. Geo. Lutz, formerly living here, says they have moved into their new home in the beautiful Bristol Valley area. "We actually live in Bristol, NY" she writes, "have a Holcomb, NY mailing address, and a Honeoye, NY telephone exchange just to be confusing!"

Mr. and Mrs. Darryl Dugan entertained his sister and family, Mr. and Mrs. Jim Mixa, over last week-end from LA. They have been coming down for several months looking for a place to move. As they love Alpine and need to rent a 3 bedroom home, hope to move here before school starts.

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An all-time world record for 7000 entries with 2000 horses is anticipated for this year's great SD County Fair in Del Mar, says Eric Atterbury, horseshow manager. The 4200-seat arena is all ready for the fans who will thrill to the 232 competitive events during the 12-day event, June 23-July 4. Riders and fine animals from all over the US are expected and over a third of the open division competitors are juniors, 17 and under. Cash prizes total \$27,400, top purse being \$1,000. Events are daily, 9, 1:30 and 7:30, with 2700 free seats, the rest reserved. Horse fans from Alpine and Mt. Empire will be there.

**CARD OF THANKS**

Thanks to all who helped on the campaign, and for donations for our work to defeat unification.

Wm. F. House, Chairman.

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**MAJOR SURGERY FOR HALL**

Postmaster Phil Hall is in an EC hospital making nice but slow recovery from a major operation, the repair of a ruptured kidney, which at first was thought to necessitate removal, a very grave major surgery, reports his wife Dorothy.

"He has made beautiful recovery from his eye operation", she told the Sun Wednesday, "but this other trouble developed and it is quite serious. He is coming along fine, must remain quiet but must have no visitors".

**FORMER ALPINE AT FAIR**

Mary Eva Fitzgerald, daughter of Mr. and Mrs. Eugene Moats, Spring Valley, was chosen by Sunset Pools to model for them during the Del Mar Fair season. Mary Eva has been studying modeling since she was 3, is a veteran at 17. Her father built the cottages on Hwy 80 across from The Casino Inn, moved away several years ago.

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## DOUBLE TALK

By By Cecile & Celeste Irvine

Last Thursday night we all drove down to the Greek Bowl at State College and watched Cynthia graduate along with 289 other El Cap students. We were surprised to learn that four from Alpine had received scholarships to continue their education. Cathy Dyer won Calif. State Semi-Finalist; Jim Mosier, Calif. State Scholarship; Margaret Perkins, Certificate, Bank of America, Business; and Bonnie Titus won one from the Alpine Woman's Club. Marvin Sanford won an award for perfect attendance for four long years. We don't know how he did it.

Ed Roethel, he raises Sardinia donkies, called Sunday afternoon to see if we knew of someone out here in the country that would like to have a beautiful German shepherd female free. She is only one year old and well

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trained, in fact, she won't bark unless it is absolutely necessary. She needs a good home so call 282-8613 if you are lucky enough to talk your parents into having her.

Yvonne Greathouse's mother ran a rusty nail into her arm last week and had to have a tetanus shot to prevent infection.

Eric Heuschele, the Jack Hargens' grandson, is learning to play the guitar and just loves it.

Our cousin Peggy Arndt is leaving by jet next week to spend a whole month in Germany and Vienna studying. She has been learning German for several years and can carry on a conversation. We are all happy for her and hope she writes us.

Denise Hauenstein left Saturday by jet for a two months visit in Europe. She was going to Syria, Jordan and Lebanon first, then to Israel to work on a Kibbutz, which is a communal farm in Israel. When she has finished working, she will spend the rest of her time touring Germany, Sicily and Italy. She went over with a group of college students from LA and her cousin was among them.

Our swimming pool is shaping up now that they got the huge boulders out of the bottom and we hope to have it in about three weeks. We can hardly wait!

Terry Lembcke has some oak firewood for sale at \$45. a cord that he and his brothers cut off of their property. The weather doesn't indicate a coldspell but it might be a good idea to order some now and be prepared for fall. His number is 445-2291.

Dave Shortridge is back in SD again. He is working at the Tower Theatre as an usher, is living with his brother.

Cathy Bates went to Alaska for a vacation and to visit her boy friend who is in the Navy.

Pat Naud, she is the CPA here, is having their swimming pool enlarged and remodelled so the kids can have fun in the hot weather to come.

BASEBALL season is here as shown by this group of local young players who are working out under training of Mr. and Mrs. Frank Sortino, who have two sons. Both June and Frank are avid boosters, want to do all they can for the kids. Practice started last Tuesday week. Mrs. Paul



Parsons is also helping.

They will play here on Otto Field till the C of C horseshow begins work for its Aug. 6-7 events. Afterwards the chamber plans a gymkhana for kids.

"We need parents to help around here" they say "so come on out and have a ball!"

JOHN EDWARDS HAS CLOSE CALL

Quick work by the resuscitator by Alpine volunteer firemen perhaps saved the life of John Edwards when he had an attack of asthma Monday at 5 pm.

Chas. Shorter ran him down to the firehouse, then an ambulance rushed him to an EC hospital where he was treated for 2½ hours. "I thought for sure I was a goner" said Edwards, a totally disabled veteran of WW2, who has a son John, in the present war.

Criticism can be avoided by saying nothing, doing nothing and being nothing.

**George Lengbridge**

FOR TV SERVICE

Black & White or Color

445-3885

Richard T. Wangler, AS, USN, son of Mr. and Mrs. R.E. Wangler, Alpine, is now at Bainsbridge, Md., attending Fire Control Technician School at the NTS. He is learning the science of missiles, torpedoes and guns, using basic electricity and electronics.

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Miss Amanda Bauer is enjoying a visit from her brother Otto and his wife who motored out from Minneapolis last week.

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## Discover Rabid Fox

According to a laboratory, six rabid foxes have been found in the Alpine area, a 7th having been shot by Bill King, one of the owners of Alpine Nursing Home, 873 Arnold Way.

Last Sunday night they heard their two dogs barking, chased a fox which had evidently come up the canyon. King shot it, sent the head for testing. It was positive.

As they operate the nursing home, they felt it was better to have their two valuable dogs put to sleep rather than take any chances, although they had been vaccinated.

"We've had quite a bunch of foxes around here in the last few months" says Gene Cobb, "Maybe they are searching for water".

Note- Parents should admonish children to keep away from all animals even dogs, if they are strangers, County Health says rabies is always fatal. -Ed.

### BROWNS BACK FROM NORTH

Bill and Charlene Brown of Victoria Drive just returned from a business and pleasure trip to Bakersfield. They visited their daughter, Mrs. Patricia Wiens and family in Corona, spent one night with son and family, Lynn Graves, La Habra, then visited Knott's Berry Farm on their way home. Mrs. Mary White took care of the realty office while they were away.

### GUATAY HOME IS SOLD

Mr. and Mrs. Roy M. Constant have just sold their nice 3 bedroom home in Guatay to Mr. and Mrs. Frank Thing of Guatay. The Constants recently purchased a new home in Ocotillo, Mr. Thing is employed by the Parker Ranch in Guatay. Sale was made by Charlene V. Brown, of Brown Realty Company, Alpine.

MAXINE KINIKIN, 17, of 2539 Tavern Road, is in an EC hospital recovering from shock and abrasions sustained Tuesday night at 10:30 while on her way home when she blacked out and wrecked her car. Xrays have disclosed no fractures, but she is under sedation, however told the Sun Wednesday that she didn't remember what happened. She

also did not know whether anyone was with her, or if she struck something. She was graduated last week from El Capitan, is the daughter of Mr. and Mrs. Max Kinikin, Eltinge Dr.

### BEHRENS RETURN FROM TRIP

Mr. and Mrs. Geo. Behrens are home after a two weeks vacation that took them to Oregon, Washington, Salt Lake city and other interesting places. In her note to the Sun she writes "Home all safe and sound, and after the accidents one sees, we feel grateful. Saw some beautiful country, enjoyed a boat ride on the great Salt Lake, went through Zion National Park and just in general enjoyed the wonders of nature, but home is still the best place"!

They returned Sunday so she could open her beauty shop Monday Morning La Cresta.

Mrs. Richard Peterson of Victoria Drive, underwent major surgery Wednesday in Grossmont Hospital. She left two of her boys with her mother, Mrs. C.G. Dotson and the other two with her sister Mrs. Robert Alverson of Orange.



### FAIR FREE TO OLD AND YOUNG

Opening day of the big SD County Fair is Youth Day with admission free to all under 18, and Senior Citizens' Day is June 27 when all the old folks will be admitted free. Alpine's Hill-billy Band, from the Lively Oaks Club will play.

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**BATES SELLS TRAILER PARK**

Mr. and Mrs. John Shelton have just bought the Jacumba Trailer Court on Hwy 80 east of town, from the estate of Mrs. Bertha Cooley who ran it for many years. It has 25 spaces in a shady grove. The Sheltons plan improvements, says Don Bates, who made the deal.

## Alpine Grading & Equipment Rental

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Alpine 445-2214

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**LOUIS PICK**

PHONE

2445 Hwy 80, Alpine (With Bates Realty)

445-2537

**MUMMAS EXPECT GRANDCHILDREN**

Mr. and Mrs. Henry Mumma, Victoria Dr., are leaving for Diamond Lake, Ore. on a quick fishing trip.

They have to be back in Alpine July 10th to welcome their grandchildren Keren and Steve Graham who are flying in from Belem, Brazil, to spend the summer with them and attend El Cap in the fall. Steve is a sophomore and his sister is a freshman. Their parents are missionaries in Brazil and this will be their first visit in two years to the states.

While the Mummas are in Oregon, Mr. and Mrs. Alex Barron will stay at their home and look after things.

The last week in July, Mrs. Mumma will take Steve and Keren to Bluejay Calif., near Lake Arrowhead, and attend a week of Bible school where she will be a councillor. They are members of the Skyline Wesleyan Methodist Church in Lemon Grove.

**ARMISTICE ON LITTER WAR**

"The war on litter is off because everybody's going to the fair" John Amundsen told the Sun yesterday, so tomorrow none will be out around Alpine streets picking up the trash that thoughtless folks discard.

"Red" and Ethel Andrews, the jolly couple who own the Casino Inn went out on a fishing boat by the Coronado Islands last week, came back not only with plenty of fish, but he won the day's jackpot. Ethel landed some nice bass while Red pulled in large halibut.

**YC CLEARS \$350 AT BBO**

Pres. Al Adams reports that at Monday night's meeting of the Youth Center tickets turned in showed they had cleared over \$350. from last Sunday's barbecue. They served 514 dinners. When all ticket reports are in they may show more cash, he says.

"Please thank all who helped us put on this affair", he said. They plan to use the remainder of the meat at the horseshow barbecue on Aug. 6 & 7, as it is being held in a freezer.

**COUNTY STAGES ADOPTION WEEK**

County Welfare which has the first adoption service in the state, has placed over 3000 children in 18 years, worked with Supervisors to proclaim this as Adoption Week on Tuesday.

Chairman DeGraff Austin, honored W. G. Oyos as Adoptive Father of the year. He is a gardener-supervisor for the county, was there with his wife and three adoptees, plans to take one more.

Note- If this relieves Welfare of needing more taxes, let's get more adoptions! Ed.

The Walker clan were up to Felicita Park, Escondido, at the annual pioneer picnic for those born before 1900.

That is the family that started Alpine's first real business up at the Willows. They report a grand time.

THE JUDGE read the charges and then asked, "Are you the defendant in this case?"

"No, sir, your honor. I got me a lawyer to do the defendin'. I'm the guy who done it."

## Glenview Feed Co.

HAY - FEED - VACCINES

Poultry Equipment

Delivery in Alpine Thursdays

**443-1310**

13283 Hwy 80 At Los Coches

**FAIR STORY FROM PAGE 1**

Beautiful Fran Rooks, 20, of Pacific Beach, the Fairest of the Fair, will reign over the big show, with that handsome escort, Actor Tommy Hernandez, portraying Don Diego, symbol of the big event.

If you wanted to really tell what this fair is, it's Everybody's Show, for in truth there is just about everything for everybody--horseshow, 600 amateur entertainers, exhibitors galore, hobbyists, carnival entertainment, the gorgeous flower show, art and photo exhibits, cash prizes, ribbons and trophies for hundreds of contestants, and, and---! Don't fail to pick up your program when you enter the big gate.

And -- today in Youth Day, admission free to all 17 or younger, Let's all go to the fair!

**RETURNS HERE, TO BUILD**

Mrs. Alice Gage who visited Bert Fuller last year from Houston, Tex., has leased her home and is back in Alpine looking for a nice building site where she plans to erect a home. She says this is the finest place to live on account of the wonderful climate.

## Ed Wagner

Independent Distributor

**CARNATION**

DAIRY PRODUCTS

234-2281

## Lutz's Garage

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Official State-Approved

**BRAKE STATION**

In Alpine

Day & Night Towing

**445-2967**

1620 Hwy 80

Alpine

## PAYNES LEAVE FOR MARYLAND

After receiving word from Bernardsville, N.J. that her father was ill, Mrs. Douglas Payne, Willows Road, decided to put their brand new Toyota they bought from Gene Adams to a real test, and drive all the way back with Doug jr. and Mandy to visit her ailing father. Daughter Ginney is with the Waves stationed in Bainbridge, Md. receiving basic training. The family will enjoy several days with her before they make the return trip. Mrs. Payne says "we are so happy with our Toyota, it clocked 35 miles to the gallon and almost purred for us."

Haakon and Sarabeth Magnussen entertained at their ranch over last week-end Mr. and Mrs. Tod Todhunter of Alhambra, a couple they met on the Hawaiian tour two years ago. Like many tour participants, they became good friends, visit one another.

## BEESON'S DISPOSAL Service

Trash & Garbage Mixed

Twice Weekly Pickup

SERVING HARBISON CANYON  
TO MT. LAGUNA

Call 445-3029 After 4:30 pm

## Valley Equipment And Trailer Rentals

Weed mowers, Roto tillers, electric hammers, Trenchers, Pipe dies & cutters, cement mixers & misc. tools.

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El Cajon

### DR. FRANK J. BORNOWSKI D.C.

1981 ARNOLD WAY

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GENERAL PRACTICE

SUNDAYS AND HOLIDAYS BY APPOINTMENT

445-2169

## BLAST AGED ROCKS FOR POOL

Geologists say this area is lying on blue granite of volcanic origin that may be over 2,000,000 years old. A bit of some was blasted out Monday by



The Baxter Co., of EC, working with the McDowell Co., also of EC, for Blue Haven Pools, putting in one at the Irvine Ranch.

Photo shows Jas. McDowell, owner of the firm, and Frank Ruiz, pioneer of the area, whose sister is Mrs. Robert Rix, as they set off a dozen sticks of dynamite in some obstinate boulders at the deep end of the excavation. McDowell holds the meter which shows that the wiring is all okay while Ruiz sets of the blast. He has been with Baxter for 20 years.

Mr. and Mrs. Steve Pappas flew from Chicago to spend a few weeks with Mrs. Pappas' sister June Anderson and children of Midway Drive. They have enjoyed Disneyland, Knots Berry Farm and the Southwest. This is their first trip out in 10 years and they are enjoying a grand visit and the beautiful hills of Alpine.

Try a Sun Classified ad.

# Classified

30¢ PER LINE PER TIME. CASH ONLY.  
COUNT SIX WORDS TO EACH LINE. MAIL  
TO THE SUN, RT. 1, BOX 189, ALPINE.

## FOR SALE, MISCELLANEOUS

STURDY twin beds, comp. \$30. cooler-erator ice box, \$15. Room for rent with kitchen priv. eges. 296-4635.

1965 SINGER AUTOMATIC SEW. MACHINE  
TAKE OVER BALANCE OF \$53.25. PAY-  
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BUILT IN TO ZIG ZAG. BUTTON HOLE.  
FANCY PATTERNS. ETC. 460-3868.

BUSINESS CARDS, \$5.75 M. Blue or  
Black, postpaid anywhere in U.S.  
Add 4% sales tax. 445-2415.  
Alpine Sun, Alpine Cal. 92001.

## FOR RENT

HOUSE FOR RENT, 2 BR, car port, ad-  
ults, Water paid. \$75. mo. 445-2394  
445-2415.

FOR RENT, Studio Apt. 1905 Hwy 80.  
445-2792. (6-24)

For Rent, 2 BR house, 219 El Cajon Blv.  
El Cajon, Cal.

## WANTED TO RENT

WANT TO rent or buy in Alpine, 3-BR  
home. Private. 445-3187 (tf)

## FOR SALE, LAND

520 Acres in Alpine, 500 per acre.  
Write Broni, Box 1, Wixom, Mich.

## SD ZOO SETS NEW RECORD

At this moment some unsuspecting visitor may be the third 2½-millionth person in three years to pass through into the great SD Zoo, now observing its 50th year.

It will be a big day for him, as there are free gifts, lunch, bus tour, passes and zoo publications as a bonus. Records were made in 61 and 65, and 66 will be the third banner year. Largest single attendance was on Memorial Day with 26,038.

Arthur J. Cesario, who sold his property here, moved to SD, is now living in Tucson.

## SPECIAL NOTICES

Ruth Burdett, piano lessons,  
445-2877.

MOVING, hauling & power mowing.  
Call Mac from 5 to 6 pm. 445-2955.

Ted Weeks Jr. Construction Co. Gen.  
contractor, commercial, residential,  
remodeling, 11437 Rocosco Rd., Lakeside  
443-1898.

Mark Keeter moved to new location,  
8941 El Dorado Pkway, Johnstown. Hay  
and Grain. Closed Mondays. 443-3448.

## CHUCKS WINDOW CLEANING--

443-2023, residential-commercial and  
new construction, floors cleaned  
and waxed. Free Estimates. 15 years  
experience.

CASH LOANS, Buy, sell, trade; Dia-  
monds, Guns, Typewriters, Ect. Bud &  
Ray's, 115 W. Main, EC. 444-3628

PAINTING, exterior, interior, reas.  
fast, neat, clean. Jim King. Alpine  
445-2797.

## SEPTIC TANKS CLEANED

MODERN SEPTIC Tank Service.  
444-6197.

## WANTED

WANT 10 to 40 acres, pay cash. Don  
Bates. 445-2537.

# FOR SALE

CASA DEL VERANO

Modern Home On River Road

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PERCY H. GOODWIN Co.

490 N. Magnolia, El Cajon

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FROM OFFICIAL US STATION HERE

High 94, Ave. High 83

Low 53, Ave. Low 56

No rain, Sea. 17.68

EL EV. 2000 FT. POPULATION 3733

WHERE THE SUNSHINE SPENDS THE YEAR

**YOUR EMOTIONS AND FOOD**

The food we eat is important to us, but the manner in which we eat it is of greater importance. What frame of mind are we in when we sit at the table to a meal? If we're in a bad

mood, indigestion is likely to occur afterwards.

Our digestive secretions are influenced by our emotions to a great extent. Fear, anger, worry and anxiety cause an almost instantaneous suspension of the stomach's secretions by stopping the rhythmic motions of the stomach walls.

Rage and fear not only make the mouth dry but dry the stomach as well. In anger, too, the gall bladder dilates and excretes too much bile and hence there's that bilious feeling.

If there's an emotional upset before mealtime, one is wise to postpone or omit a meal rather than "pay the price" by indulging in both food and emotions at the same time.

Those who are happy-go-lucky, joyous and in a state of mental exhilaration have better digestion than others who have strong negative emotions.

Mealtime should be reserved for a happy get-together time. The enjoyment of food, the elimination of conflict, worry and care should also be on the menu. Here's to your health the natural way.

**LAST CHANCE INN**

BEER, SANDWICHES, SOFT DRINKS

**STANDARD POOL**

Shuffle Alley - Jukebox

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